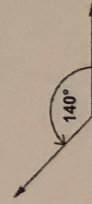


Pre-feeding									
Skin-to-skin ☐ immediately prior to feeding ☐ for _____ minutes prior ☐ no skin-to-skin prior									
State of baby ☐ deep sleep ☒ light sleep ☐ quiet alert ☐ active alert ☐ crying									
Feeding cues exhibited ☐ rooting ☐ hand to mouth actions ☐ mouthing/suckling motions ☐ rapid eye movement (REM) ☐ body movements ☐ no feeding cues									
During Latching-on									
Baby's body position <table border="1"> <tr> <th>Ideal</th> <th>Observed</th> </tr> <tr> <td> ☒ turned toward mother </td> <td> ☐ turned toward mom ☐ head only turned toward mom </td> </tr> <tr> <td> ☒ shoulders and hips aligned </td> <td> ☐ shoulders/hips align ☐ shoulders/hips do not align </td> </tr> <tr> <td> ☒ arms/hands around breast </td> <td> ☐ arms/hands around breast ☐ arms/hands not around breast </td> </tr> </table>		Ideal	Observed	☒ turned toward mother	☐ turned toward mom ☐ head only turned toward mom	☒ shoulders and hips aligned	☐ shoulders/hips align ☐ shoulders/hips do not align	☒ arms/hands around breast	☐ arms/hands around breast ☐ arms/hands not around breast
Ideal	Observed								
☒ turned toward mother	☐ turned toward mom ☐ head only turned toward mom								
☒ shoulders and hips aligned	☐ shoulders/hips align ☐ shoulders/hips do not align								
☒ arms/hands around breast	☐ arms/hands around breast ☐ arms/hands not around breast								

Latching process					
Ideal ☒ nose opposite nipple to start ☐ gape response ☒ head tilts back	Observed ☐ nose opposite nipple to start ☐ mouth opposite nipple to start ☐ gape response ☐ no gape response ☐ head tilts back ☐ no head tilt ☐ forehead tilt				
☒ bottom lip and tongue reach breast first	☐ bottom lip and tongue reach breast first ☐ top lip reaches breast first ☐ top lip and bottom lip reach together				
During Feeding					
Facial proximity ☒ nose and chin close to breast ☐ nose and chin close to breast ☐ nose and/or chin away from breast					
Angle of mouth opening <table border="1"> <tr> <th>Ideal</th> <th>Observed</th> </tr> <tr> <td> ☒ 140°+ </td> <td> ☐ ≥ 140° ☐ 91 — 139° ☐ ≤ 90° </td> </tr> </table>		Ideal	Observed	☒ 140°+	☐ ≥ 140° ☐ 91 — 139° ☐ ≤ 90°
Ideal	Observed				
☒ 140°+	☐ ≥ 140° ☐ 91 — 139° ☐ ≤ 90°				



Mouth seal		Mother's comfort level	
Ideal ☒ top and bottom lip sealed	Observed ☐ top and bottom lip sealed ☐ top lip turned in ☐ bottom lip turned in	Ideal ☒ tugging feeling	Observed ☐ tugging ☐ little discomfort ☐ moderate discomfort ☐ great discomfort ☐ severe discomfort
☒ rounded cheek line ☐ not rounded cheek line		Post Feeding	
☒ not dimpled cheek ☐ not dimpled cheek ☐ dimpled or indented cheek		Ending feeding	
Rhythm Ideal ☒ bursts of 2:1 or 1:1		Ideal ☒ baby releases nipple	Observed ☐ baby releases ☐ mom breaks suction ☐ baby unable to sustain feed
Ideal ☒ bursts of 2:1 or 1:1		Baby's tone Ideal ☒ soft tone ☒ relaxed hands	
Observed ☐ bursts of 2:1 or 1:1 with ? number of swallows ☐ no suck ☐ suck but no swallow		Observed ☐ soft body tone ☐ relaxed hands ☐ awake/seeking behavior	
Latch type Ideal ☒ asymmetric		Mother's nipple Ideal ☒ similar to pre-feed	
Observed ☐ asymmetric ☐ symmetric		Observed ☐ similar to pre-feed ☐ shaped by latch ☐ discolored ☐ inverts after feed	
Jaw motion Ideal ☒ rocker		Notes	
Observed ☐ rocker ☐ piston		re-latch by using finger to pull top lip - elvis lip	