

SUPERFOODS

- On Target Living Frozen Wheatgrass Ice Cubes
- On Target Living Spirulina & Chlorella
- Nordic Natural's Orange Flavored Cod Liver Oil, Nordic Naturals Pet Cod Liver Oil, Probiotics
- Organic Golden Flaxseeds, Nutiva Chia & Organic Shelled Hemp Seeds
- Nutiva Organic Virgin Coconut Oil, Organic Shredded Coconut
- Giddy Yoyo Cacao Nibs, Organic Goji Berries
- Eden Sea Vegetables (Sushi Nori, Arame)



WATER/BEVERAGES

- Spring, Artesian, Ionized Water (EC 450 Water Ionizer)
- Nateczowianka, Gerolsteiner, Badoit Mineral Water, C20 & Amy & Brian Coconut Water
- Living Harvest Unsweetened Coconut Hemp Milk, Pacific Foods Organic Almond Milk, Coconut Milk, Cashew Milk, Home-made Nut Milks (Target To Table Cookbook)
- Eden Foods, Lakewood Farms, R.W. Knudsen Organic Juices
- Organic Coffee Company/Paramount Coffee Company, Direct Trade Coffee, Organic Half & Half, Cashew Milk
- Kilogram Organic Turmeric Tonic & Organic Emerald Spring Green Tea

SNACK FOODS

- Annie's Organic Cheddar Bunnies, Mary's Gone Original Crackers
- Good Health Natural Foods Avocado Oil Potato Chips, Boulder Canyon Coconut Oil Potato Chips, Way Better Chips, Salba Chia Salsa
- Quinn Microwave Popcorn, Eden Organic Popping Kernals (Nutiva Coconut Oil)
- On Target Living Dried Fruits (Mango, Figs, Raisins) and Nut Mixes (Macadamia Nuts, Almonds, Brazil Nuts)
- PB Love Co., Nuttzo Seven Nut & Seed Butter, Giddy Yoyo Snacks, Raw Revolution Bars, Lar Bars, That's It Fruit Bars
- Siggie's Greek Yogurt



When buying organic, start with animal products & produce where you eat the skin. Always choose wild-caught fish when possible.

BREAD/WRAPS/CEREALS/GRAINS

- Rudi's Organic, Ezekiel, Alvarado Street Bakery, Sunfood Coconut Wraps
- Organic Rolled, Steel Cut, Oat Groats, Amaranth, Wheatberries
- Eden Foods Muesli, Buckwheat, Quinoa, Millet, Qia Superfood Cereal
- Cascadian Farm's Organic, Homemade Granola (Target To Table Cookbook)
- Eden Foods Organic Pasta, Udon, Rice Noodles, Tolerant Red Lentil Fettuccine



FROZEN/CANNED FOODS

- Frozen (Amy's Organics, Annie's Homegrown, EVOL Foods, Alexia Sides)
- Canned (Amy's Organic Soups, Eden Foods)



SWEETS/SWEETENERS

- Nutiva Organic Coconut Sugar, Organic Raw Honey, Organic Organic Agave Nectar, Organic Stevia, Organic Maple Syrup, Organic Molasses, Organic Cane Sugar
- Green & Blacks Organic Chocolate, Giddy Yoyo Cacao/Chocolate Bar
- Himilania Dark Chocolate Hemp Seeds & Goji Berries
- Nielsen-Massey Madagascar Bourbon Vanilla Extract
- Organic Whipping Cream (Whip with Vanilla Extract)

DRESSINGS/CONDIMENTS

- Annie's Organic Dressings, Organic Ketchup, Bragg's Dressings
- Eden Extra Virgin Olive Oil, Organic Apple Cider Vinegar, Organic Mustard, Sea Salt
- Eden Organic Apple/Cherry Butter (Substitute for Jelly/Jam)
- Eden Organic Sauerkraut, Eden Organic Tamari Soy Sauce
- Nutiva Red Palm Oil, Spectrum Organic Extra Virgin Olive Oil, Primal Kitchen Avocado Oil Mayo

BATH, BODY & BEAUTY ITEMS

- Soothing Touch Epsom Bath Salts, South of France Bar Soap, Nubian Heritage Body Wash, Soothing Touch Body Oils, Almond Body Oil, Nutiva Coconut Oil
- Earth Science Shampoo & Olive & Avocado Deep Conditioning Masque, Zionhealth Adama Mineral Shampoo
- Acure Skincare, Kiss My Face Active Life Deodorant/Shave Cream, Pit Paste, Bull Dog Skincare for Men, Nature's Gate Toothpaste, Mrs. Meyer's Cleaning Products



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